



The Superintendent's Update

October 29, 2012

NEWS FROM KELLY

Measure E, on the November 6, 2012 ballot, for the Chico Unified School District: The Chico Unified School District (CUSD) has been providing dedicated and excellent educational services to the students of the Chico community since the formation of the District. CUSD educates 12,000 students at its twenty-two schools. It is the hard work and dedication of teachers and staff that ensures the education and success of our students.

CUSD schools have been maintained to the extent current funding has allowed. While our students continue to show growth in their academic achievement, thirty to fifty year old classrooms and facilities are in serious need of upgrading as many do not meet 21st century educational and technology standards. Faced with aging classrooms and the need to improve school facilities, the CUSD Board of Trustees voted to place Measure E, a school improvement general obligation (G.O.) bond measure, on the November 6, 2012 ballot. Measure E will allow CUSD to improve the quality of education provided to our students.

CUSD has prepared a School Facilities Needs Analysis. This analysis identifies the major repairs and upgrades that need to be made across the District, including:

- Improving student access to computers and modern technology
- Repairing and replacing leaky roofs
- Replacing deteriorating plumbing systems
- Replacing energy inefficient heating, ventilation, and air-conditioning systems
- Modernizing outdated classrooms, restrooms, and school facilities

If Measure E passes, CUSD will work with teachers, staff, parents, and community leaders to determine and prioritize district wide projects. Please see the Frequently Asked Questions (FAQ) regarding Measure E attached at the end of this Update.

Pupil Free Days: Friday, November 2 is a pupil free day for **Elementary** schools only and a regular full day for Secondary schools. **Friday, December 21** is a pupil free day for **Secondary** schools only and a regular full day for elementary schools.

"Learning Never Ends" Premiere Encore, Wednesday, November 14, 2012, in the Roger Williams Theater on the **Chico High School Campus**: If you missed the Gala Premiere, then you don't want to miss the encore! For additional information, see the flyer at the end of this Update.

NEWS FROM EDUCATIONAL SERVICES

ELA Common Core Training: Junior High School teachers [Meredith Christopher](#), [Jordan Mathews](#), [Rochelle Simmons](#), [Maya Price](#), [Kristin Lower](#), [Jessica Wilcox](#), [Darren Marshall](#), [Hollis Enserro](#), [Ellen Hamilton](#), [Kamala Purl](#), [Annalisa Hansen](#), [Jeanine Dunsmoor](#) and [Bob Duchala](#) participated in Common Core training on October 24. Led by Pleasant Valley High School English teacher [Christina Fisher](#), the teachers explored the impact the new standards and assessments will have on their instruction. ELA teams from all three junior high schools worked together to review their unit plans to explore how they would be changed with the implementation of Common Core standards and Smarter Balanced assessments.

Charter Facilities: Proposition 39 gives charter schools the authority to obtain facilities from school districts each year. All charter school facilities requests are due to the district by November 1. CUSD will review each facility request received, review facilities needs for district students, and then make mandate facilities offers to charter schools following the Proposition 39 timeline.

Computer Tips and Tricks- from Linda Elliott

Looking for an easy way to update your "plug-ins" on your computer? Rather than asking for the access code to download software through the helpdesk, if you JUST need access to things like **Flash**, **Shockwave**, **Java**, **Windows Media Player** and more, all you need to do is:

1. Click on the Helpdesk icon on your desktop
2. Login to the KACE system
3. Look at the tabs at the top and choose Software Library

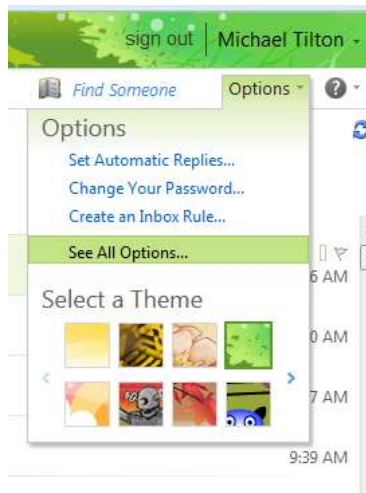


Skim through the list and see if what you need is there. If it is, you will be able to install that software on your computer at that moment.

Update Outlook Directory Information Online!: There are some great features in Outlook and Outlook Web App that makes it easier for everyone to know where staff and teachers are located and how to contact them. Please keep this information up to date so that other CUSD employees can look you up. Below is how to change/update your contact information.

Changing User Information

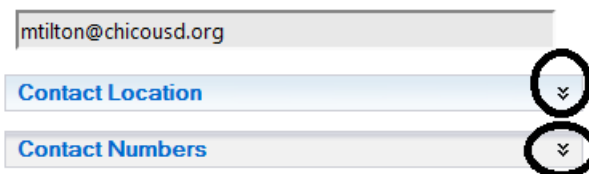
- 1) Log into Outlook Web Application (Using Firefox) at <https://mail.chicousd.org> using normal CUSD Credentials. Select "options" (upper right corner) and "See All Options"



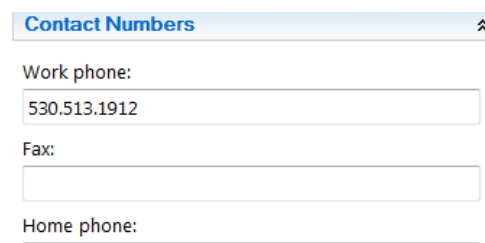
- 2) Select Edit to edit



- 3) Expand "Contact Location" and "Contact Numbers" (Do not change name information)



- 4) Edit Phone Numbers with Current information



- 5) Click "Save"



NEWS FROM BUSINESS SERVICES

Escape Technologies Update: We have talked a lot about the new Business System, Escape Technologies. Now that all sites are online and up and running we begin the process of re-aligning site budgets to meet their spending needs. We are also offering the first of a six week training series beginning October 30, 2012, focused on furthering the system knowledge and showing all the tips and tricks it has to offer. The next step with Escape is to turn on the on-line workflow and approval processing. The goal is to always know where the budgeted dollars are and what is being spent in real time. Sites and departments will no longer rely on the District Office to get them reports.

Budgets and Cash Flow: Budgets are planning tools districts use to estimate where monies are spent. With state funding shrinking and the district per student revenue limit below 2007-08 levels, it is harder and harder to balance the budget where revenue equals expense. The CUSD Adopted Budget estimates a deficit of \$5.3 Million dollars, meaning we plan to spend \$5.3 more than current year revenue. With the conversion to Escape, detailed Position Control drove the budget for salaries and benefits. Salaries and benefits are budgeted directly from the same data that drives payroll. Salaries and benefits total more than 90% of the district's total General Fund budget. The remaining 10% is all that is left for operational costs including utilities, property and liability insurance, supplies, copiers, etc. To make it even more difficult, the state has "deferred" over 35% of our income into the next fiscal year, meaning that we only get 65% of what we are owed in any given year. To put that into perspective, that's only 65 cents on the dollar with an I.O.U. pushed into the next year. So, while the budget shows enough to pay the bills, the cash might not always be available. Monitoring cash has become more critical this year than in any given year in school finance. As of October, CUSD does not show the need to borrow cash for 2012-13, however, this can change. Monthly cash flow reports will be included on each regular board meeting agenda to assure that we carefully monitor and watch the districts' cash position.

Another major consideration moving forward in building our budget document is the reality that the State Adopted Budget includes revenues contingent on the passage of Proposition 30. The CUSD Adopted Budget also assumes this revenue. In the event that Proposition 30 is not successful in the November 6 elections, the State budget has built in trigger reductions to education. The trigger would reduce the 2012-13 district revenues by an estimated \$457.00 per ADA.

What's next? The First Interim reporting period ends October 30, 2012. The Adopted Budget will reflect updated staffing costs and aligned site and department budgets as well as updated revenue projections. This report will be presented at the December 5 regular Board meeting.

Enrollment: For the first time in several years, the district enrollment is actually increasing! The 2011-12 CBEDS enrollment was 11,883. The projected 2012-13 CBEDS was 11,872. The Actual 2012-13 CBEDS was 12,040, an increase of 157 students from 2011-12! The actual CBEDS enrollment will be used to recalculate the district revenue for the First Interim report. This is very good news.

NEWS FROM MAINTENANCE & OPERATIONS / FACILITIES / NUTRITION SERVICES

Maintenance and Operations (M&O): By now all sites should have received their Fire Inspections reports via email from [Rick Doane](#). Some of the items we need to improve on are as follows:

- Combustible art work on walls (25% per wall permitted)
- Use of cord bridges
- Combustible items treated with fire retardant
- Daisy chained power strips

The front of the report indicates the areas inspected and the corrections needed. Under the REMARKS section on the back of the report is a summary. It states:

- *Provide written verification of corrections or plan of corrections within 45 days from receipt of this report.*
- *Items that have not been treated with a flame retardant and certified as such by the site administrator on the log submitted to the Chico Unified School District shall be immediately removed until such time the items are treated and an updated/current log is submitted and on file with CUSD.*
- *If you have any untreated items in a classroom, they need to be treated with a flame retardant, added to the flame retardant list and resubmitted to M&O within the 45 days.*

If you need assistance with anything listed on your report, feel free to contact M&O. Rick will be doing follow up inspections over the next few months. Those inspections will be unannounced. Overall, Rick was very pleased with the districts fire prevention efforts.

Winterize: It looks like winter is sneaking up on us. Make sure you report all leaks as quickly as you can. We will have workers out patching roof leaks, cleaning gutters, unclogging downspouts, etc. Also, our HVAC techs will be working at making sure the room temperatures are brought up to winter temperature standards.

Hooker Oak: Lastly, the Hooker Oak playground equipment has arrived. We will begin construction (weather permitting) the week of October 29. Members of our maintenance team along with Chico State Construction students will join forces for the installation. With that, the construction students will be working with the Hooker Oak students on making wooden tool boxes. The construction students will pre-cut all the materials and the Hooker Oak students will assemble the boxes.

News from Nutrition Services: At the beginning of this school year, new USDA guidelines to make school lunches even healthier for students became effective. One of the new guidelines is that half a cup of fruit and vegetables must be taken among the three meal components needed for a complete lunch. In order to be compliant with the new federal regulations, which are not going away, Nutrition Specialist, [Tanya Harter](#), and Dietetic Intern, [Stacey Boek](#), have been visiting every elementary school this month to train employees on the new requirements. They are training the noon duty aids, who spend a great deal of time with students in the lunch line and on the playground, to discuss fruit and vegetable choices, the nutrients they contain, and cultivation facts that may make fruit and vegetable choices more personal to students while students are waiting in line for lunch. Students will be more likely to take the appropriate amount of fruits and vegetables from their garden bars, allowing the lunch line to move quickly, and students will not have to be sent back to get their half a cup fruit and vegetable requirement. Students may not eat the whole half a cup in the beginning; however, the more they become familiar with fruits and veggies, the more likely they will be to consume them in the future and all sites will also be in compliance with federal regulations.



Turkey Feast: Nutrition Services is gearing up for the Turkey Feast as well as getting ready to kick off the new winter menus at all the sites. There will be some new changes and some old favorites on it. We just finished the Nutrition training with all the noon duty folks. Tanya and Stacey did an awesome job. It is very fun to see the noon duty folks in action quizzing the students on nutrition during the lunch period. Thank you to all that made this possible.

NEWS FROM HUMAN RESOURCES

Negotiations

CSEA, Chapter 110: The CSEA 110 and District negotiating teams recently concluded their work on a successor agreement with the development of a tentative agreement (TA). This TA will go to the Chapter for a ratification vote on November 13 and will be on the agenda for the Board of Education at their meeting on November 14. Completing a successor agreement is a formidable task in that the entire collective bargaining agreement is open. Should this TA be approved this agreement will be in effect until November 2015. Each side can reopen limited articles (wages, benefits and one more for each side) between now and then. Both teams were very professional throughout the process of negotiating this successor agreement. Each team listened well to the other, did their research and was able to work toward compromise when needed. The articles/topics that are discussed and had some change as a result of this agreement include:

- Article 2: Wages
- Article 3: Hours of Employment
- Article 4: Layoff and Impact and Effects of Layoff
- Article 5: Leaves
- Article 6: Transfers
- Article 9: Training
- Article 11: Procedures for Processing Grievances
- Article 15: Transportation
- Article 19: Negotiations/Duration
- Dental Insurance

Given the fiscal uncertainty for us with the upcoming elections, this agreement allows either side to reopen negotiations for the 2012-13 school year by notifying the other party by December 15, 2012.

Chico Unified Teachers' Association (CUTA): The CUTA and District negotiating teams exchanged package proposals this summer. The teams met on September 6 and 13 to discuss those proposals. On October 9 CTA/CUTA filed a "Request for Impasse Determination/Appointment of Mediator" with the Public Employment Relations Board (PERB). The District did not join CTA/CUTA in this filing. The District believes that this filing was premature. We did make it clear to PERB that we would work cooperatively with the mediator assigned to us. The mediator contacted both parties and offered dates in early November. The CTA representative stated that his team could not make the dates offered by the mediator. He offered dates in late November/early December. The mediator is now scheduled to meet with both teams on December 6.

DonorsChoose.org is an online charity that makes it easy to connect local communities to the needs of students in public schools. Educators submit classroom project requests for materials and experiences that students need to learn. Community members can browse project requests, contribute any amount and learn about the project's status through photos and thank you messages. [Beginning November 1, PG&E will provide a Double Your Impact offer](#) to match 50 percent of funding needs of classroom projects across our county, up to \$25,000.

We encourage teachers to post their requests on the website and for community members to help support such requests through **DonorsChoose.org**. Once you are there go to "projects" on the top and

then select the state and city you want. You will see the teacher projects that have been set up. When you donate, PG&E will match your donation up to \$25,000 in Butte County.

This is a great way to help our schools and our students. A special THANK YOU to PG&E for their very kind and generous support!

SPOTLIGHT ON OUR VALUED EMPLOYEES

High School Office Staff Members Honored: PVHS staff member [Claudia Anderson](#) and CHS staff member [Mary Sours](#) were recognized by Board President [Andrea Lerner-Thompson](#) at the October 17 Board meeting with the CUSD Board President's Award for their enthusiastic, professional, and welcoming approach to their jobs. Even though many members of both schools were in attendance to show their support of these two wonderful employees as they received their awards, both ladies were very surprised. Claudia thought she was there to assist in an office presentation and Mary thought her husband Dan was being honored. Both schools were very good at keeping it secret! Again, congratulations Claudia and Mary — it is hugely well deserved!!



NEWS FROM SCHOOL SITES

STUDENTS AT PVHS AND CHS TO ASSEMBLE AN EVERY 15 MINUTES “BOOSTER” PROGRAM: Every other year, CUSD high school students participate in the Every 15 Minutes (E15M) program, a powerful drinking and driving prevention program. After the last E15M program during the Spring of 2012, students expressed an interest in keeping the E15M message alive during the off-year, so Pleasant Valley High School (PVHS) and Chico High School (CHS) students have planned a fall program during Red Ribbon Week (October 22-31)! Coordinators have invited classes to attend this program, which includes a viewing of the sites' E15M video from last year, as well as hearing testimony from student and guest speakers. Both of these programs are sure to keep the E15M message alive, as close to 2,000 students will be in attendance!

PVHS's program is scheduled to take place on Monday, October 29, in the Performing Arts Center beginning with first period at 7:45 a.m. and ending with seventh period at 2:43 p.m. Darren Henman, licensed Funeral Director, Embalmer, and Coroner, formally with *Newton Bracewell Funeral Home*, and now General Manager at *Chapel By The Sea* in Fort Bragg, will be traveling to Chico just to make this guest presentation.

CHS's program is scheduled to take place on Wednesday, October 31, in room D-2, beginning second period at 9:33 a.m. and ending after fourth period at 12:20 p.m. Officer Justin Maxey, Public Information Officer with the California Highway Patrol, the lead agency responsible for the funding and oversight of the E15M program, will be the guest speaker.

Officer Maxey and Mr. Henman have a long-standing history of involvement with the E15M program and have profoundly impacted CUSD students' decisions regarding the use of alcohol and other substances in combination with the operation of a vehicle.

Debriefing luncheons for student participants and guest speakers will be provided through the Parent Teacher Student Association (PTSA) at CHS, and the ACE-LIFE Academy at PVHS.

Please call Ann Brodsky, Coordinator of Safe and Drug Free Schools, at (530) 895-2631 with any questions.

Avoiding Future Holocausts: A *Night to Remember* on Thursday, November 15 at 7 pm (doors open at 6:30) in the CUSD Center for the Arts, tickets are NOW on sale! Tickets are only \$5.00 and can be purchased from [Cindy Engberg](#) in the main office at PVHS or from Amy Besnard in J-4. There will also be a table in front of Counseling at lunch and after school to purchase tickets. In addition, tickets will be sold at the Center for the Arts box office on November 7 and 8 from 3:00-4:00 pm and at the door the night of the event. Exact change is helpful and checks can be made out to GVBCF Avoiding Future Holocausts. The purpose of this event is to pay tribute to the Holocaust, educate about ongoing genocides, and to inspire action. The evening will feature [Yanina Cywinska](#), Holocaust survivor, author, ballerina, and actress as well as presentations, performances, and work by PVHS students in Art, AVID, Dance, English, Music, Theater, Video Production, Welding, and World History. This is a true representation of collaboration, global education, and 21st century skills. Attached at the end of this Update is a poster for the event. Please encourage your loved ones, friends, and neighbors to attend. This is not an event you want to miss and will feature a cross section of talent on the PVHS campus as noted below:

- **Art:** [Reta Rickmers](#) has designed a touching art project around various genocides which her students will be researching starting next week prior to beginning their projects. In addition, [Nancy Ritcher](#) generously donated her time to make a beautiful poster.
- **AVID:** [Beth Burton's](#) AVID students will be working on the pairing of significant quotes and images.
- **Dance:** [Christina Fisher](#) has choreographed a dance piece that pays tribute to Yanina, a special Holocaust survivor, and will be performed by PVHS students.
- **English 9A:** [Amy Besnard's](#) students will present poetry and diaries based on significant historical photographs.
- **International Baccalaureate:** 26 IB students volunteered to help with PR, sell tickets, and work various jobs the night of the event.
- **Music:** [Jenny Zhu](#) will play the theme song to Schindler's List. [Nellie Ponarul](#), accompanied by her pianist, will play a piece by a Jewish-American who was inspired by the Holocaust
- **Theater:** With [Tamara Jensen's](#) guidance, [Katie VanPatten](#) and [Kaileen Johnson](#) are writing scripts for four mini-performances which are based on the theme "It will never happen again" and are set during various genocides.
- **Video Production:** Mike Peck students will compile a film on students' Take Action cards as well as create clips incorporating the writing, images, and voice-overs.
- **Welding:** With [Matt Joiner's](#) support, several students are designing a tribute gift.
- **World History:** [Christine Callas](#) has decided to have her students work on a project based around propaganda.
- **World Literature:** [Amy Besnard's](#) students are currently reading *Night* and will soon be researching genocides to prepare presentations for the event.
- **Library:** [Linda Elliott](#) has been very busy researching sources for all of us and compiling a site with all the links. Linda secured the Teacher's Book Connection to sell Holocaust inspired literature the night of the event; they will donate a portion of the profit to our human rights

organization. In addition, Linda has helped me map out the lobby of the CFA since we have so much being displayed. We are working on compiling a list of human rights organizations and timing for the event this week.

- **Community:** [Golden Valley Bank](#) is helping with the donations.
- **Student Government:** [Lance Brogden](#) and student government will be making a large banner for the event.
- **Office Staff:** [Cindy Engberg](#) has offered to man the box office after school to sell tickets.

PVHS Art Studio: Mark your calendars! November 1 is the "Fall Prelude" art exhibit for the Art Studio @ PVHS for students and staff. This will be our final year of funding and, thus, our last year for the reception to be catered by PV's culinary class. The reception will be in the PV Library from 11:50 a.m. to 12:37 p.m. Students will be handing out tickets to other students for admittance during the first 25 minutes. After that entrance is open to all students. The show will be on exhibit for a week so that classes can drop by to see the show. Check with Linda Elliott to arrange a time. We will have our "Spring Finale" exhibit in May!

CHS Presents: *The Boyfriend*, November 1, 2, and 3 in Williams Theater. A fun musical full of music singing and acting.

Inspire School-wide Gala: Art Inspired by Science, November 9-10, 7:00 p.m.; November 11, 2:00 p.m., CUSD Center for the Arts.

Inspire Winter Music Concert, December 4, 7:00 p.m., CUSD Center for the Arts.

CHS "Holiday Hoopla!", December 13, 7:00 p.m. at the CUSD Center for the Arts.

Shaking News: Sierra View was featured on Channel 7 news as they filmed the students doing an Earthquake drill as part of the California Shake Out event.

CUSD IN THE NEWS

Enterprise Record

[Editorial: Chico school bond too vague](#)

[Community digs in to find a solution to reading problems in Chico](#)

[Chico High School and Inspire will be sharing campus permanently](#)

[Chico's Blue Oak School celebrates sharp jump in test score](#)

[Staff and parents appreciate volunteer reading program at Chico ...](#)

[Chico reading volunteers love their links with students](#)

[Chico school district and faculty union at impasse](#)

Chico News and Review

[Chico school bond measure faces scrutiny](#)

[Letters for October 25, 2012](#)

Measure E Frequently Asked Questions

Although it appears that our schools are in good shape based on achievements by our students, our classrooms need significant repairs. Faced with aging classrooms and the need to bring school facilities up to current standards, the Chico Unified School District is placing Measure E on the upcoming November 2012 ballot that will modernize and renovate our local schools.

The following information is provided to assist in understanding the facts behind Measure E and how its passage will affect the District and our community.

What is Measure E?

Measure E is a \$78.0 million general obligation (G.O.) bond program. This measure is intended to address the needs of the student population through modernization and renovation projects at all the District's schools.

What is a General Obligation (G.O.) bond?

G.O. bonds fund projects such as the renovation of existing classrooms and school facilities, as well as construction of new schools and classrooms. Similar to a home loan, G.O. bonds are typically repaid over 25 to 30 years. The loan repayment comes from a tax on all taxable property - residential, commercial, agricultural and industrial - located within the District's boundaries.

Why is the District placing Measure E on the ballot?

Our schools are outdated and major upgrades and renovations need to be made. While facilities have been well maintained, 30-50 year-old classrooms must be upgraded since many do not meet 21st century safety, education and technology standards. Measure E will allow the District to improve the quality of the school facilities and education provided to local students.

Why can't the District meet its facilities needs with its current budget?

Today, the scope of improvements needed at the Chico Unified School District is far more than the current funding sources available. The per-pupil funding which the District receives from the state is intended to be used for the day-to-day business of educating children and not the cost of upgrading, modernizing, and repairing facilities.

How did the District come up with the project list for Measure E?

Over the last several months with input from staff, teachers, parents, and community leaders, the District has prepared a School Facilities Needs Analysis. The Needs Analysis identifies the major repairs and upgrades that need to be made.

Examples of the specific types of projects identified include:

- Improving student access to computers and modern technology
- Repairing and replacing leaky roofs
- Replacing deteriorating plumbing systems
- Replacing energy inefficient heating, ventilation, and air-conditioning systems
- Modernizing outdated classrooms, restrooms and school facilities

What will the passage of Measure E mean for our students and the community?

Measure E will provide our students with a better learning environment by making repairs and upgrades to existing classrooms and school facilities; many of which are also used and available to the community such as the libraries and playing fields.

What will happen if Measure E does not pass?

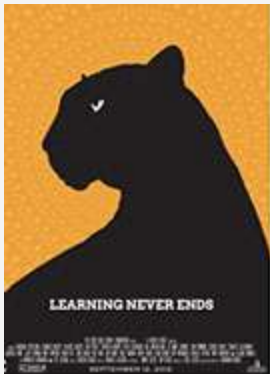
If Measure E does not pass, our classrooms and school facilities will continue to deteriorate. In addition, funds that would otherwise go to classroom instruction will be needed to make critical safety repairs and improvements at each school. Major repairs will need to be postponed and as a result will potentially be more expensive to make.

What will Measure E cost?

Measure E will not increase the current annual tax rate. Instead, it will extend the estimated tax rate of \$45.50 per \$100,000 of assessed valuation that property owners are currently paying.

How can I be sure that Measure E funds will be spent on improving our local schools?

By law, all Measure E funds have to be spent locally and cannot be taken by the state. Furthermore, an independent citizens' oversight committee will be established to ensure that bond funds are properly spent. Also, by law, there must be annual audits and no bond money can be used for teacher or administrative salaries.



"Learning Never Ends" Premiere Encore

Wednesday, November 14, 2012
Roger Williams Theater
(Chico High Campus)

MEET & GREET ~ 6:30pm
PROGRAM ~ 7:00pm

ENCORE PRESENTATION

If you missed the Gala Premiere, then you don't miss the encore!

Tickets Available at Collier Hardware, the Chico High School Main Office, [Online](#), or \$10 at the

UPCOMING EVENTS

Wednesday, Nov. 14,
2012
Roger Williams
Theater ~ 7pm

Door -- Seating is limited!

The Chico High School Foundation proudly presents the GALA PREMIERE of our "Learning Never Ends" documentary celebration of teaching... on screen at the ROGER WILLIAMS THEATER on the CHICO HIGH SCHOOL campus.

Watch the Trailer

[Theatrical Trailer: "Learning Never Ends"](#)

The Reviews

"I attended the gala yesterday evening and was truly inspired by the event. I am a teacher within the district and yesterday was not one of my best days. I didn't know how much I needed to be at the gala and hear the stories, memories, and hopes of past and present teachers until I found myself beaming in the audience- after more than a few tears. Thank you so much for this gift to our community! The event was truly a blessing."

- **Amy Hanford**, Spanish, ELD & Yearbook, Inspire School of Art and Science

"I love the path my life has taken me on -- I love my education, I love my students, I love my coworkers, and I love my family."

- **Lisa Price**

We'll be honoring an amazing group of retired

Meet and Greet at 6:30pm in the Chico High School "Commons," located on the West side of the new building on hte West Sacramento Ave. side of the Chico High School campus.

teachers who sat down last year for interviews - recalling a 'golden age' at Chico High. Share in their wisdom and humor in this new documentary series set to play throughout 2013 at the Pageant Theatre - on subjects important to these storied educators: Barbara Copeland, Patricia Wismer, Ken Piercy, George Bader, Bill Mulholland, Mike Simpson, Sam Simmons, Claude Monlux, Keith Lockwood, Jim Panek, JoAnne Starnes, Orville Ryther, Neal Snidow, Mike Ramsden, Leonard Duarte, Charles Alexander, Alberta Simic, Phil King, Jack Yerman, Skip McDonald, Bob Kohen, Fran Eitel, Blackie Gilbert and Dean Dixon.



Come see them "at the movies" - the interviews were filmed on a RED camera, the same kind that made "Prometheus" and "The Social Network."

A special "Wish List" will also be screened for the first time - a moving account of classroom needs, big and small, by current CHS faculty... a message we believe the entire Chico community will respond to.

The evening includes a short film by alum Brendan Hedges ('81), in memory of the late Pat Wismer.



Collectable "Learning Never Ends" movie posters - designed by none other than alum Jake Early!



Pre-Order yours online!

[Friend on Facebook](#) | [Forward to Friend](#)

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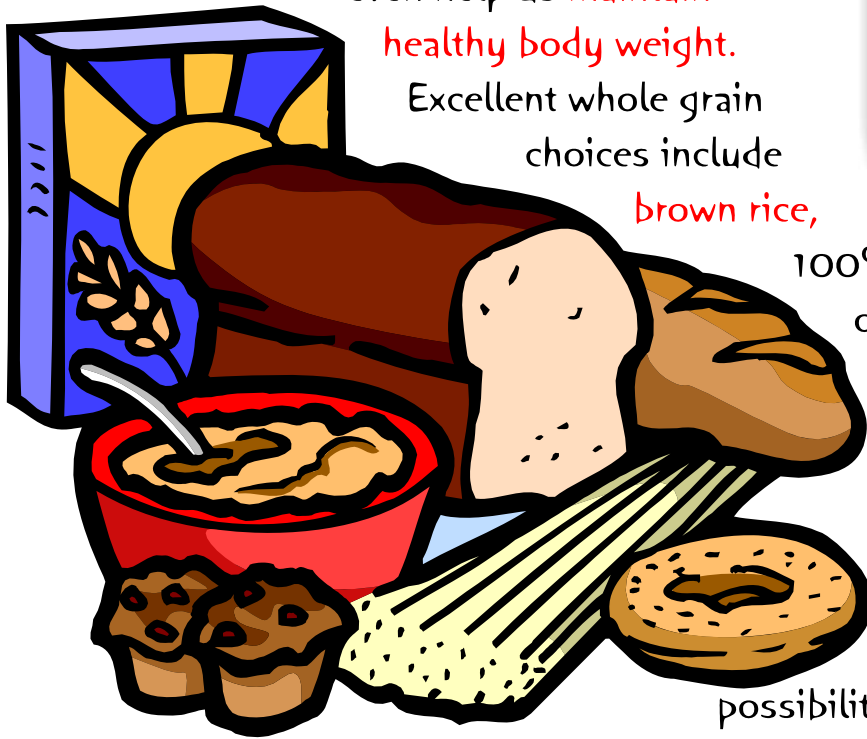
You are receiving this email because you showed interest in Chico High School Foundation events and support of education at the BEST high school in Chico!

Our mailing address is:
Chico High School Foundation
3120 Cohasset Rd.

WHOLE GRAIN RICH.

We've been gradually adding whole-grain rich foods to our menus at school for years. And, within two years, **ALL of the grains we serve will be whole-grain rich.** Why? Whole-grain foods contain **more fiber, vitamins, and minerals** than refined grains. A diet rich in whole grains **reduces our risk of stroke, diabetes, and heart disease** by 25% or more. Whole grains are a key contributor to **healthier blood pressure levels and gastrointestinal health.** Whole grains even help us **maintain healthy body weight.**

Excellent whole grain choices include **brown rice,**



the big number

1/2

American children and teens average one half-serving of whole grains a day. At least 3 servings are recommended.

100% whole-grain **pasta**, oatmeal and other whole grain **cereals**, 100% whole-grain **bread and rolls**, and whole grain **muffins, bagels, waffles, cookies, and pancakes.** Plus, there are lots of different whole grains to try, like **barley, quinoa, and wild rice.** The possibilities -- **and the benefits** -- are endless!

**EAT BETTER. PLAY HARDER.
LIVE HEALTHIER. LEARN EASIER.**

WELLNESS IS A WAY OF LIFE!

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WELLNESS IS A WAY OF LIFE!™

HELPING YOUR WHOLE FAMILY FEEL WELL AND DO WELL!

"WHOLE GRAIN RICH"

EAT BETTER

Try lots of different fruits, veggies, and whole grains for a healthy diet. You're bound to find a few you really like!

BROWN RICE



Brown rice is the most flavorful and healthiest kind of rice! It has more fiber, nutrients, and minerals than white rice and is the only form of rice that contains vitamin E. Try it at home and ask for it out!

LIVE HEALTHIER



Fiber helps lower cholesterol, control blood sugar levels, and maintain healthy weight -- all while keeping our pipes in good working order! Whole grains are a

great source of natural fiber, and so are fruits, vegetables, and beans and other legumes. Here's an example of how you can easily get the minimum 25 grams a day that nutritionists recommend (actual numbers may vary by serving size and brand):

- 1 medium fresh apple -- 4 grams
 - 2 slices of 100% whole wheat bread -- 8 grams
 - 1 cup of steamed broccoli -- 5 grams
 - 1 cup salsa and 1 oz. blue corn tortilla chips -- 5 grams
 - 1 cup whole wheat spaghetti with tomato sauce -- 6 grams
- See, wasn't that easy? Try to eat more fiber!

LEARN EASIER

A breakfast of sugary foods and refined grains doesn't provide the fuel you need to get through the morning. A breakfast featuring whole grains and fresh fruit keeps you feeling full longer -- so you can stay alert in class!



PLAY HARDER



A bowl of whole grain cereal with a little fruit and/or nuts and non-fat milk is just the ticket for an after-school snack that provides the energy for both homework and fun!

As part of the new USDA regulations for school meals, at least 50% of all grain foods we serve are whole-grain rich, and within two years, all of the grains we serve will be whole-grain rich. We'll be telling you more about these new regulations and what we're doing for your kids on the menu and in this newsletter throughout the school year!



DON'T GET!
Take at least **ONE**
FRUIT or
VEGGIE
and at least **THREE**
items total so your meal
counts as a complete lunch!

School Meals
We serve education every day™

6th ANNUAL

CANDY EXCHANGE



Hey kids, help us send the
SWEET COMFORT OF HOME

to our Troops. In exchange you'll get cool prizes like free skating passes, bowling passes and dinner at Chili's. You can even win a bounce house for your next party, horseback riding lessons plus several other grand prizes including 1 of 2 bikes



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(next to Raley's in the Skypark Plaza)

November 1 & 2
3pm-6pm



Thanks for choosing awesome treats over bad tricky candies